

COVID - 19 Seymour Road Nursery

Update - October 2021

CHANGES TO NATIONAL SELF-ISOLATION GUIDANCE

From 16 August 2021, the Government has said that people aged under 18 years and 6 months or who are fully vaccinated will no longer be legally required to isolate if they are a close contact of someone with COVID-19. Instead, such people will be advised (but not legally required) to get a PCR test unless they have had a positive PCR test in the previous 90 days. Regardless of age or vaccination status, anyone who develops any of the three main COVID-19 symptoms (see below) must get a PCR test as soon as possible and isolate until the result is available. People who get a positive PCR test must continue to isolate as usual. Some likely scenarios are described below along with our advice:

What should I do if my child develops COVID-19 symptoms?

The main symptoms of COVID-19 are:

- new continuous cough and/or
- fever (temperature of 37.8°C or higher)
- loss of or change in, normal sense of taste or smell (anosmia)

If your child develops any of these symptoms, you must arrange for them to have a PCR test as soon as possible. A PCR test can be arranged via the NHS UK (www.nhs.uk) website or by contacting NHS 119 via telephone if you do not have internet access. Your child should self-isolate immediately and they should not attend nursery. Please contact the nursery by phone to inform us your child has COVID-19 symptoms and

What should I do if my child has COVID-19 confirmed by PCR test?

Anyone with COVID-19 confirmed by PCR test should self-isolate until the latest of:

- 10 days after the onset of their symptoms, or
- 10 days after their test day if they are asymptomatic.

Please contact the nursery by phone and inform us your child has COVID-19 confirmed by PCR test. It is really important you let us know if your child has confirmed COVID-19 so we can monitor the number of children with COVID-19 across the nursery.

What should I do if my child is a contact of someone with COVID-19 confirmed by PCR test?

If your child is aged under 18 years and 6 months and does not have any symptoms of COVID-19 (high temperature, new continuous cough, loss of or change in, normal sense of taste or smell) they do not have to self-isolate as a contact of COVID-19. They are

advised to have a PCR test unless they have had a positive PCR test in the last 90 days.

What should I do if my child has a positive result on a lateral flow device test?

If your child has a positive result on a lateral flow device test, they should self-isolate immediately and you should arrange a PCR test as soon as possible. Other members of the household do not need to self-isolate whilst you await the PCR test result if they do not have symptoms and are aged under 18 years and 6 months or are fully vaccinated.

What should I do if my child is unwell with signs of an infection but does not have symptoms of COVID-19? Your child should not attend nursery if they are unwell. If concerned you should seek advice from your GP or Pharmacist, they will be able to advise you how long your child should stay off nursery. Otherwise we would recommend exclusion for 48 hours or until the child is symptom free, whichever is longer. We are not currently advising that preschool children get a PCR test if they do not have the three main symptoms of COVID-19.

To continue to keep us all safe at nursery we will be following these procedures -

- Drop off and collection will continue at each designated entrance area.
- Continue to limit visitors into nursery, any visitors should wear a mask
- Hand sanitisers are available at every entrance point
- Lateral flow tests are available for all staff, parents, carers and visitors
- Hand washing will continue when entering the building, before eating, after using a tissue, after being outside. All our rooms have been fitted with a sink to enable this to happen throughout the day.
- Cleaning will continue to a high standard
- We will follow the government guidelines and keep updated on any changes regarding isolating and reporting cases

If you have any questions please ask. Thank you.